

CITY OF SHREVEPORT WINTER INVITATIONAL FEBRUARY 20, 2010

SPONSORED BY CITY OF SHREVEPORT SWIM TEAM WITH THE COOPERATION OF **CENTENARY COLLEGE**, AND SANCTIONED BY LOUISIANA SWIMMING, NUMBER

LOCATION: **CENTENARY COLLEGE**, 2911 KINGS HWY , SHREVEPORT, LA. IN-DOOR HEATED 25 YARD, SIX LANE POOL. KEIFER NON-TURBULENCE RACING LANES. ELECTRONIC TIMING EQUIPMENT WILL BE USED. SIX LINE SCOREBOARD.

RULES: OFFICIAL USS RULES WILL GOVERN CONDUCT OF MEET.

ELIGIBILITY: ALL USS REGISTERED SWIMMERS OF INVITED TEAMS ARE ELIGIBLE. SWIMMER'S AGE ON FEBRUARY 20, 2010. WILL DETERMINE HIS OR HER DIVISION.

ENTRIES: SWIMMERS MAY ENTER FOUR (4) INDIVIDUAL EVENTS PLUS RELAYS. ENTRIES MUST BE SUBMITTED ON OFFICIAL ENTRY FORMS, OR HYTEK MEET MANAGER. ALL EVENTS WILL BE SEEDED ACCORDING TO THE TIMES SUBMITTED.

ENTRY FEES: \$2.50 PER INDIVIDUAL EVENT, \$8.00 PER RELAY, \$4.00 PER SWIMMER SURCHARGE. SEND HARD COPY FROM DISK WITH THE DISK WHEN USING HYTEK. FEES MUST ACCOMPANY ENTRIES. MAKE ALL CHECKS PAYABLE TO THE CITY OF SHREVEPORT SWIM TEAM. MAIL TO: **MEET DIRECTOR, 9324 RIVA RIDGE, SHREVEPORT, LA., 71106** . YOU CAN EMAIL THE HYTEK FILE TO: **COACHOSWIM@GMAIL**.

ENTRY DEADLINE: ALL ENTRIES MUST BE IN THE MEET DIRECTOR'S HAND BY THURSDAY, FEBRUARY 09, 2010

SCHEDULE: FIRST SESSION BEGINS AT 9:00, WARM-UP FROM 8:00 TO 8:45. SECOND SESSION BEGINS AT 12:30 OR 1 HOUR AFTER THE COMPLETION OF THE MORNING SESSION WHICH EVER IS LATER. THERE WILL BE A 45 MINUTE WARM-UP SESSION.

AWARDS: RIBBONS 1-6th FOR INDIVIDUAL AND RELAY EVENTS.

LATE ENTRIES: ALLOWED AT \$5.00 PER EVENT IN EMPTY LANES ONLY. NO NEW HEATS.

SCRATCHES: PLEASE MAKE SCRATCHES PRIOR TO THE BEGINNING OF THE MEET.

CONCESSIONS: FOOD AND DRINK AT POOL SITE. ***NOTE*** BLEACHER SEATING FOR APPROXIMATELY 120 SPECTATORS.

MEET LIMIT: **THE FIRST 300 SWIMMERS ENTERED. ALL OTHERS WILL BE RETURNED.**

COSST WINTER INVITATIONAL – FEB. 20, 2010 – CENTENARY COLLEGE

WARM-UP 8:00 AM MEET STARTS AT 9:00 AM

GIRL'S EVENT #

BOY'S EVENT #

1	8 & UNDER 25 FREE	2
3	10 & UNDER 50 FREE	4
5	8 & UNDER 25 FLY	6
7	10 & UNDER 50 FLY	8
9	8 & UNDER 25 BACK	10
11	10 & UNDER 50 BACK	12
13	8 & UNDER 25 BREAST	14
15	10 & UNDER 50 BREAST	16
17	8 & UNDER 100 IM	18
19	10 & UNDER 100 IM	20
21	8 & UNDER 50 FREE	22
23	10 & UNDER 100 FREE	24
25	8 & UNDER 100 MEDLEY RELAY	26
27	10 & UNDER 200 MEDLEY RELAY	28

AFTERNOON SESSION WARM-UP 11:30 AM. MEET STARTS AT 12:30 PM

29	11-12 50 FREE	30
31	13-14 50 FREE	32
33	SENIOR 100 FREE	34
35	11-12 50 FLY	36
37	13-14 100 FLY	38
39	SENIOR 100 FLY	40
41	11-12 50 BACK	42
43	13-14 100 BACK	44
45	SENIOR 100 BACK	46
47	11-12 50 BREAST	48
49	13-14 100 BREAST	50
51	SENIOR 100 BREAST	52
53	11-12 100 IM	54
55	13-14 200 IM	56
57	SENIOR 200 IM	58
59	11-12 100 FREE	60
61	13-14 100 FREE	62
63	SENIOR 200 FREE	64
65	11-12 200 MEDLEY RELAY	66
67	SENIOR 200 MEDLEY RELAY	68